

Lyskerrys

The community journal for Liskeard



Issue 9

Winter/Gwaw

2020



Pengelly's

For orders, deliveries
or enquiries
call us on
01503 262246

Pengelly's Fishmongers are renowned in the Liskeard and Looe areas and have been bringing fresh fish to your plates since 1946! Priding ourselves on supplying customers with the day boat caught fish from Looe, it's the freshest fish you can buy.

Every Thursday and Friday, Carmen and Hayley (above) welcome you into our quaint little shop in

Liskeard's Fore Street and make sure it's brimming with delicious produce. They arrive early in the mornings with their haul fresh from Looe and set up a full and tempting display of fish, shellfish and assorted goodies.

At Pengelly's we support Covid safe shopping and we want to make sure your buying experience is a comfortable one. We welcome pre-orders and also offer a free home delivery service to Liskeard and surrounding areas should you need it.



This is something we have been doing since the beginning of the pandemic and we are continuing to offer this service as it is so popular.

We can tailor to your requirements or deliver you a mixed fish box to suit your budget. With Christmas approaching we will be able to help with any festive feasts. We look forward to seeing you soon.

Welcome / Dynnargh

to the winter 2020 edition of Lyskerry's magazine. It comes to you at an extraordinary time in world history when the normal life we took for granted just a few months ago has changed enormously for everyone. We hope the magazine will brighten your day, and demonstrate what a great community we have in Liskeard.

Our striking interactive front cover has been created by Stephen Tolfrey of Studio Wallop to inspire everyone to shine a hopeful light from their doorstep for Lights Up night on November 28. Download the app on your phone to Zapp the icon on the cover –instructions below – and walk into a unique AR (augmented reality) Christmas lights experience.

Inside this edition we aim to offer you a balance of entertainment and

Lyskerry's

useful information. If you need help we have put together a directory of amazing organisations that can support you, and there are detailed stories about some of them.

Discover festive initiatives guaranteed to bring you a little good cheer, and be sure to read Anna Chorlton's short story Figgie Hobbin – a terrific old folk tale from these parts – and use her recipe to make a simple, traditional Cornish treat.

Last, but not least, we're giving away a fabulous hamper full of delicious, locally-sourced produce in time for Christmas. See the back page for your chance to win it.

All the best / oll an gwella



READY

Download Zappar for free from your app store



AIM

Scan the zapcode then aim at the whole image



ZAP

Watch it come to life!



Lyskerry's is published by LAMB (Liskeard Arts and Media Body) and supported by Liskeard Town Council, Liskerrett Centre and Pluss. Edited by Jackie Butler and printed by Deltor.

We would love to hear what you think of the magazine – email hello@lyserry.co.uk



Market vision is taking shape

The reinvention of Liskeard's Cattle Market is moving forward. Plans for the Workshed, a new 17-unit workspace aimed at digital and creative industries, plus a covered market area, have been given the go-ahead by Cornwall Council. Demolition of derelict buildings and cattle pens on the site will begin before the end of the year, with construction expected to start on the £5.6m project in May 2021.

Several successful socially distanced events, like the local food market, have been held on the site's new events space in recent months. Now the town council backed Liskeard Cattle Market Makers Project have submitted their plans for a small Creative Industries Hub, aimed at individual craftspeople and makers and backed up by business and arts skills support to help local individuals into jobs or self-employment.



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Let's light up Liskeard

... and share a beacon of hope

More than 2,000 people packed the streets last year for Liskeard's Lights Up spectacular. Groups paraded their beautiful lanterns around town as part of an annual feast of lights, decorations, fireworks and music (pictured below).

This year, because of Covid-19 restrictions, things will be looking very different, but there will still be heartwarming ways to share some festive cheer with our friends and neighbours.

Everyone is invited to celebrate on their doorsteps by making their own decorative lantern or simply hold up a torch, at 6.30pm on Saturday, November 28, and unite in brightening up the streets of the town. For tips to make a lantern see Page 6.

The same moment will see the illumination of the Christmas lights in the town centre – hastily installed by volunteers in the days before the current lockdown. They will be switched on remotely by one of Liskeard's key workers to recognise their vital work. A video of this will stream live online via social media and the town council website.

Meanwhile, a beacon of hope will burst into flames on the roof of St Martin's Church to herald in a season of goodwill, with us all looking out for each other in these difficult times.

For more information check social media or visit www.liskeard.gov.uk. Businesses and individuals can contribute to the Lights Up Liskeard 2020 appeal at www.justgiving.com



Make a beautiful lantern at home

It's easy to make a simple, colourful and safe lantern out of an old plastic bottle and colourful tissue paper.

What you need:

1 or 2 litre plastic pop bottle
Colourful tissue paper
Craft glue such as PVA glue
Glue brush
A string of battery operated fairy lights

Instructions:

Wash the bottle and cut off the tapered top with sturdy scissors – small children should ask an adult to do this bit.

Cut the tissue paper into shapes like stars, circles, triangles and squares and stick them to the outside of the dry bottles using glue and a paintbrush.

Place the string of lights inside the bottle. Punch holes into the top lip of the cut bottle – again get an adult to help. Thread string or ribbon through the holes to make a carrying handle. Switch on the lights and admire.



If you don't have tissue paper, you can just use ordinary paper to create a silhouette effect.

Ordinary paper will not allow the light to shine through, so remember to leave areas uncovered where the light will shine through.

Now enter our lantern competition

We're sure lots of children in Liskeard will be making Christmas lanterns to hold up on their doorsteps at 6.30pm on November 28 and the town council has prizes for the best ones.

All you need to do is send in a photo of your lantern, with your name,

address and age and councillors will select first, second and third prize winners in each of two categories – eight and under and nine to 16.

Parents or schools should email lantern photos by November 27 to assistant@liskeard.gov.uk

Sing a song for Christmas

Singing joyfully together has been an important part of the Christmas tradition for centuries. In Liskeard people have come together to sing traditional seasonal songs in Kernewek – the Cornish language – as part of the town's more recent festive celebrations.

Covid-19 restrictions mean actual communal singing isn't possible in 2020, but technology and an arts grant are enabling a project to teach carols via video and create a film that everyone can enjoy safely at home.

Kana Nadelik (Sing Christmas) is hosted by Rosie Fierek, who ran Cornish language singing sessions in Liskeard as part of Golden Tree's Christmas events in the town.

Part funded by a £1,000 grant from Feast, the project involves people learning three Cornish Christmas songs in weekly workshops online. The



key one is Kana Kelyn Kelyn Oh (Sing Holly Holly Oh!), a traditional local carol collected in Callington in 1924.

"This is the one we are recording and setting loose on the world to uplift spirits and mark the festive season," says Rosie (pictured).

The singers will record themselves – individually or as household groups – against a simple backing track. The recorded clips will then be edited into a film by Rosie's daughter Kate McPherson – a technology graduate.

The film will be posted on YouTube and the Town Council website, in the run up to Christmas, with everyone encouraged to enjoy and share it. Visit yourliskeard.co.uk



Festive diary

Many Christmas events have inevitably been cancelled; others have adapted to satisfy new Covid rules or are hoping to still take place safely if lockdown is lifted in Cornwall in December

LISKEARD WESLEY METHODIST CHURCH

Christmas Tree Festival

28 November - 24 December

This year's festival has been designed to adapt to whatever Covid restrictions are in place and the trees will light up at 6.30pm on 28 November. More than 30 community groups are being offered a tree that will be decorated to represent them. Festival organiser Helen Gardner explains: "Groups can provide us with decorations and/or let us know what they might like us to use to decorate them.

"We will video all of the trees and share via social media platforms, detailing the organisation that has decorated each one. We want to tell a story of hope and positivity, bringing light to the darkness. Each tree will have a Christmas carol or song attributed to it as we have all missed singing so much." If they are allowed to open for visitors, they will do so through December, as the church lends itself well to social distancing.

STERTS THEATRE, UPTON CROSS

Some Christmas events have been cancelled, including the pantomime Dick Whittington, which has been



moved to February half term. Check on the Sterts website www.sterts.co.uk or phone 01579 362382.

Christmas with the Everys –

19 December, 7.30pm

Five musicians from the local Every family perform their favourite Christmas songs.

Squashbox Christmassy Christmas –

22 December, 12pm and 2pm

Puppets, songs, quizzes, crazy characters, silly slapsick, tall tales and fantastic facts with Squashbox's Craig Johnson.

CHRISTMAS LOCAL FOOD MARKET Cattle Market Events Space

12 December, 10am-1pm

Open air stalls will be selling seasonal local food produce, if permitted. Check on www.liskerrett.co.uk

Postcards will pop fun fitness tips through your letterbox

Would you or someone you know like a little inspiration to keep active at home this winter? Do you like getting a little treat through the post?

Physical Postcards is a fun project led by Lois Taylor and Sam Lawrence from Dance Centred and funded by Sport England. Everyone who signs up to the project will receive free, weekly, beautifully designed postcards through their door for 12 weeks.

Each card will suggest easy, bite-sized chunks of exercise, dance and music to incorporate into a daily



routine. Simple, gentle and fun, all activities can be done seated or standing and are designed to be enjoyable, accessible and inclusive.

Lois said: “We have come up with a unique way of staying connected to those in our community who are most at risk of feeling isolated because of the pandemic.”

The project is ideal for people who don't have access to the internet.

To refer yourself, a friend, neighbour or family member, call the Physical Postcards hotline on 07936 648347 Monday to Friday, 10am-4pm or email physicalpostcards@dancecentred.co.uk before the cut-off date on November 25.

The Hub Vegetarian Cafe

Takeaways only
Vegan and
gluten-free options

Phone in your order
and collect from
**Liskerrett Centre
Liskeard**
Open Monday to Thursday
9am-4pm
Call 07811 002255

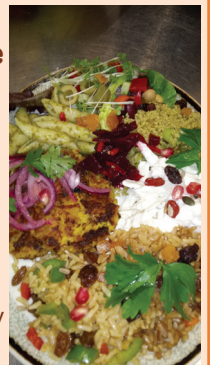




ILLUSTRATION COURTESY OF MAZEDALES.ORG

The tale of Figgie Hobbin

Here's a traditional South East Cornwall story for all the family to enjoy, written here especially for Lyskerrys magazine by ANNA CHORLTON

Sam Hambly strode quickly across the frosty moor. Trees were laced with silver, grass crunched underfoot. A cold day down South Caradon Mine stretched ahead, perhaps he'd find a rich lode of copper, perhaps he wouldn't.

One thing was certain, he had his large piece of Figgie Hobbin for crib and it would be delicious.

Deep in the mine's dingy gut, Sam toiled, swinging his pick. At long last, he found a vast crease of copper. When Sam was so tired, he could lift

his pick no more, he sat down to eat. As he was munching, he heard voices echoing through the mine.

"Sam Hambly, Sam Hambly, leave us a taste of Figgie Hobbin."

Sam knew the rule – leave a crust of crib for the Knockers, the Little People of the mine. He knew the superstition – no good would come to those who didn't.

But Sam was chilled and Sam was weary and this really was the best ever Figgie Hobbin. Sam ate every last juicy raisin.

In no time, a rumble ricocheted through the mine. A roof of granite boulders fell, just missing Sam but covering his lode. Sam had never felt so sorry in his life.

The mine was black as ink, he had to scramble to relight the wick in his helmet and retrace his steps. Sam Hambly climbed the ladder out of the mine and stomped slowly home across the misty moor.

He knew he should've left a scrap of his Hobbin for the Knockers. Next week, he'd ask his wife to make a special Christmas batch of Figgie Hobbin and he'd be sure to take an extra piece down the mine. Not to eat himself mind, but to leave for the Little People and better luck might come his way as he mined through the winter.

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Anna Chorlton is a Bodmin Moor writer. She is author of *Cornish Folk Tales of Place* and writes for *Mazed Tales* – see www.mazedtales.org. She is also a member of Liskeard Poets. Visit Anna's website at www.annachorlton.com

Make your own tasty Figgie Hobbin

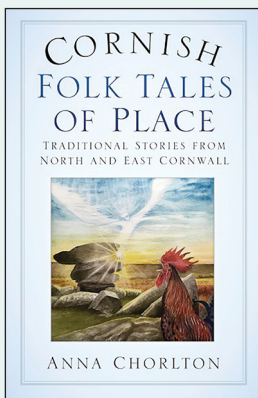


INGREDIENTS

2 cups self-raising flour
2 cups raisins
½ cup vegetable suet
½ cup margarine
Water or milk to mix

METHOD

Rub together the flour and fat.
Mix in the raisins and enough milk to make a stiff dough.
Divide the mixture into four and shape into rounds.
Bake on a greased tray in a hot oven for 35-40 minutes.
Serve warm with clotted cream, or cool for your crib (that's Cornish for a mid-morning snack).



Cornish Folk Tales of Place by Anna Chorlton is one of the excellent selection of folk story books available from The Book Shop in Liskeard. Owners Bob and Jackie Skillicorn have been helping people buy great books during the pandemic without having to leave home by offering local deliveries and encouraging online orders. A fun new initiative is their book subscription for adults or children. Sign up for three, six or 12 months, say what genres or topics you prefer and they will post you a surprise title in the post to enjoy each month. You can give the subscription as a present or treat yourself. Visit their website – www.thebookshopliskeard.com

How community spirit is helping

In times of trouble, the people of Liskeard rally together. Individuals, voluntug dug deep to find safe, inventive and valuable ways to give support

When the first Covid lockdown began back in March, it was clear some local people would need immediate help. Liskeard Town Council was quick to respond by establishing a £20,000

Social Emergency Fund to back groups in the community wanting to set up urgent support projects.

Good ideas, coupled with a genuine desire to help, swiftly emerged. Mayor of Liskeard Rachel Brooks says: "I was very impressed, but not surprised, by the applications we received. As a town council we were delighted to be able to help local organisations to buy equipment to help get food to people who needed it, to fund supplies to make visors and masks and to pay for packs to keep children amused at home."

A priority was making sure families and vulnerable people were well fed.

The Real Junk Food Project leapt into action, applying for grants totalling around £1500. Lockdown meant they were unable to host their usual "pay-as-you-feel" lunches in Liskeard, made using food that would otherwise be binned by supermarkets. Between April and July, their council grant enabled them to cook and deliver 50 meals a week to the homes of local people who would usually use their services. They also assembled 25 food boxes a week to deliver to families in need.

RJF's Jess Sneyd (pictured far left) says: "All our donations really dried up so it was really great to have that bit



Liskeard cope with the pandemic

ers, businesses and organisations have
t to those who need it most

of money to keep things ticking over. We used the grant from the council to cover fuel and cooking costs and buying containers.”

It also allowed the group to move from their borrowed base at Adrenalin Quarry to a new donated space at the Liskeard Wesley Methodist Church, where the grant is helping them set up a new kitchen.

Meanwhile, **St Martin's Church** used their grant funding of nearly £4,000 to work with **Café Abundance** – RJF's fellow food social enterprise in south east Cornwall – to provide food for people who can't afford it due to changed circumstances during the pandemic.

The church also set up shopping deliveries for people who can't get out because they are ill or self-isolating, as well as a caring and befriending phone service to support lonely and isolated residents.

Technology teachers at **Liskeard School and Community College** saw an opportunity to use their talents and facilities to create face visors for

.....
‘People in Liskeard have shown how willing and able they are to help their neighbours’

Rachel Brooks, Mayor of Liskeard



medical and care staff. Their £2,000 grant allowed them to make and send out visors to nurses and care workers across Cornwall and Devon. This included the community nurses working out of Oaktree Surgery in Liskeard (pictured above), Pengover, Eventide and Beech Lawn nursing and care homes, Liskeard Ambulance Service and Liskeard Community Hospital.

The fund also backed initiatives by **Hillfort School, a Covid face mask group, Lighthouse Group CIC, the Methodist Church, the RVS, Young People Cornwall** with smaller grants.

Liskeard Town Council's Social Emergency Fund is still open to organisations providing help or support. Application forms and criteria can be found at www.liskeard.gov.uk/services-info/grants/. Applications are considered regularly and paid quickly. Contact the town council on 01579 345407 9am-1pm Monday to Friday.

LISKEARD HELP DIRECTORY

We hope you can find what you need here but if you can't access the Internet and need someone to look up information for you, please ring the Town Council on 01579 345407, 9am-1pm Monday to Friday, and they will do their best to help. Please have a pen and paper handy.

IMMEDIATE PRACTICAL HELP

Volunteer Cornwall can quickly arrange help with shopping or collecting prescriptions, or you can chat with their telephone befriending service. Email: requestforhelp@volunteercornwall.org.uk or ring 01872 266988. To volunteer fill in the online form at www.volunteercornwall.org.uk/coronavirusvolunteer

Community Fridge See page 16.

Cafe Abundance (email: cafeabundancecic@gmail.com) and **The Real Junk Food Project** (email: jessicasneyd@gmail.com) deliver food boxes and meals to those in need on a pay as you can basis. Also outside the Methodist Church on Fridays between 12 noon and 1pm.

Lighthouse Community Centre offers assistance with food and hygiene parcels, feeding the homeless, as well as support groups and online children's activities. 07769 848307

DEBT ADVICE

Citizens' Advice Bureau advise on debts, benefits, housing, work, relationship problems, immigration or consumer issues. Text ADVICE

to 78866 for a call back or ring 03444 111 444 Monday to Friday 10am-4pm.

Christians Against Poverty offer help with debt – see page 17. They can issue Foodbank vouchers and have crisis funds for emergency essentials such as electric or gas top-ups, medication, and help for people who would be made homeless.

HELPLINES

Alcoholics Anonymous 24-hour help and advice line 0800 9177 650

Benefit/Universal Credit: Job Centre. New claims Tel. 0800 055 6688, existing claimants leave message on your Journal for Foodbank vouchers or call 01579 529648.

Bereavement Cornwall Bereavement Network are able to provide support to you over the phone on 01726 829874 10am- 6pm Monday to Saturday.

Childline Ring them on 0800 11 11 if you are a young person in crisis.

Clinically Extremely Vulnerable People - Get coronavirus support ring 0800



Liskeard & Looe Foodbank brings emergency food to people in crisis. This year 25 tonnes of donated food has been delivered to over 2,000 local people by volunteers in the group's Crowdfunded van; demand since Covid has increased by 80%. To access foodbank support you need a voucher: visit <https://liskeardlooe.foodbank.org.uk/get-help/how-to-get-help/> or call 0808 2082138. In addition to emergency food boxes, the team is now putting together Christmas hampers and is appealing for donations of items like tinned salmon, Christmas puds, mince pies, sweets and chocolates, tinned ham or chicken, custard, gravy and stuffings.

0288327 or register on: www.gov.uk/coronavirus-extremely-vulnerable

Cocaine Anonymous hold regular weekly online Zoom meeting on Tuesdays 7-8pm. See the CA website for more details.

Cornwall Council website shows the most up to date Covid-related information for residents and businesses at <https://bit.ly/2B713KW>

Cornwall Samaritans are there and free to speak to, day or night, if you are struggling to cope or at risk of suicide. Ring 116 123 or email jo@samaritans.org

Domestic Abuse: Cornwall Refuge Trust offer support and refuge for men, women and children – 24-hour helpline: 01872 225629.

Safer Futures for children, young people, women and men suffering domestic abuse and sexual violence service ring 0300 777 4777 or visit <https://saferfutures.org.uk/>

Health advice: If you cannot speak to your local doctor (Rosedean 01579 343133, Oak Tree 01579 324525) ring 111 or check www.nhs.uk/conditions/coronavirus-covid-19/

Mental health support is available by texting "SHOUT" if you are 18+ to 85258, or if you are under 18 text "YM" if you are in crisis. NHS mental health support is available 24/7 on 0800 038 5300 if you are worried about yourself or someone else.

We Are With You (formerly Addaction) can help manage drug or alcohol use for you or a friend on 01579 340616.

Young People Cornwall offer support for people between the ages of eight and 25. Your Way Live Chat is available 7 days a week 9am to midnight www.your-way.org.uk

If you have urgent concerns or are worried about a child or young person's safety, please telephone the **Multi Agency Referral Unit** on 0300 123 1116.



The pleasure of sharing treasure

If you have an old washing machine or fridge freezer in good, clean working order, don't sit on it, or dump it at the tip. Donate it to Community Treasure Chest and they can find it a grateful new owner.

White goods, sofas, beds and basic furnishings are especially in demand as Covid-19 hardships hit home. You can find all the essentials – including the occasional kitchen sink – and while anyone can buy goods, customers in need are a priority and pay what they can afford.

The not-for-profit community interest company is run by five sisters who understand what it means to struggle and they love being able to help. "It's not just about supplying goods for people – it's about really listening," says Sam, who runs the shop with Paula, husband Leon and volunteers, while Donna, Val and Emma deal with business matters.

"People's anxiety is going through the roof and they've lost all their social contact. We've had a lot of homeless people coming in who have nothing at all."

During the pandemic the team launched the Community Fridge and Freezer outside the shop at Barras Place, which is free for all to help themselves from 9.30am to 12.30pm, Monday to Friday. It's stocked with food that would otherwise be binned, sourced from local supermarkets and other community organisations. Sam and the team are also collecting new or used toys, and new toiletries as Christmas gifts for families in need, plus personal clothing and washing kits for the homeless.

During lockdown call 07497 478495 or contact CommunityTreasureChestCIC on Facebook where you can see goods available for sale.

High demand for debt aid sees charity expand



christians
against
poverty

CAP

A free local debt counselling charity is expanding to cope with the high numbers of local people requesting help with their finances.

The Liskeard & Looe Christians Against Poverty (CAP) Debt Centre, based at St Martin's Church in Liskeard, have appointed two new debt coaches in readiness for an increase in demand due to the impact of the pandemic.

Since opening 18 months ago, the centre has seen steady growth as word has spread of their uniquely in-depth, caring and face-to-face help. The expanded centre will double its capacity.

Darren Arulvasagam, Liskeard & Looe CAP Debt Centre Manager, said: "It's been frustrating to have a waiting list, particularly as many of our clients are vulnerable and need help straight away.

"The predictions for Covid-19 related job losses in this area are worrying and if true, rising debt will surely follow. We want to be ready to help anyone so they're not forced to decide

between heating and eating." He added that the centre had appointed volunteers Deborah Hale and Mark Allen to work two days per week. Deborah is a recently retired independent financial adviser, while Mark retired from managing a Looe GP practice earlier this year. Both wanted to help improve the lives of people living in their community. They will undergo training this year, prior to being able to take on new clients from January.

To help finance the centre's growth, Darren was due to run the London Marathon this month, but due to Covid restrictions, instead ran 26.2 miles on the Camel Trail, raising over £1,500. You can still support their work by visiting: totalgiving.co.uk/mypage/darrencapvlm2020

Darren said: "Our help is free. If you know things are out of control and you're stressed or missing meals, don't ignore it. Give us a call and let us help you get your life back on track."

To make an appointment call CAP on 0800 328 0006. Email: CAPLiskeard@outlook.com or call 07539 473754.



Let Pluss help you get your life back on track

by Lucy Grant

Pluss's Positive People project offers a lifeline to anyone who is out of work to help them find the pathway to their future – building confidence and self-belief, managing mental and physical health, and working on the foundations needed to build resilience and ambition.

When we say anyone, we mean,

anyone; it could be someone who is living with a physical or mental health condition, physical or learning disability, an addict, a parent, a veteran or someone who is feeling lonely and isolated.

We help anyone who is out of work and needs support from people who don't judge. Pluss's Positive People programme is funded by the European Social Fund and The



National Lottery Community Fund.

With unemployment rates increasing, it's more important than ever that we offer our services to the area of Liskeard. Whether you want to return to work, begin training or embark on education, our dedicated team of change coaches are on your side and ready to get going!

We work in very close partnership with eight organisations around Cornwall. In these strange and unpredictable times, our partners have been doing what they can to support and keep morale high. Over at Café CHAOS we have introduced CHAOS TV – an online stream of information and entertainment for anyone to participate in.

Active Plus have been continuing to inspire with their courses run by veterans. Cornwall Marine Network have recently hired participant Donna (pictured left) to become a part of their very own team.

We Are With You is helping those with addiction to get their life back on track. Pentreath have continued to host recruitment days and are on hand to help improve mental health. Cornwall Neighbourhoods For Change have been keeping minds busy with online courses and weekly quizzes, and Konnect are still working hard with both victims of crime and offenders.

This is just a few of the amazing things happening, and to remind you that all is not lost – there is still so much hope!

If you are currently out of work and think you could benefit from our support, please get in touch. We are a completely free service – just phone for a friendly chat and we can see how we can help.

Call us on 0800 334 5525 or visit our website www.positive-people.org.uk/ and let us know that you found us in Lyskerrys magazine.



Key transfer heralds new era for library

Transformation work is finally on course to begin at Liskeard Library after Cornwall Council's Cllr Edwina Hannaford met with Real Ideas chief executive Lindsey Hall for an official, socially-distanced key handover (pictured right).

The Real Ideas' plan will see the much loved town building completely renovated in a way that will increase the number and diversity of people who use it and create a gateway to experiences that support, enrich and extend activities across the town.

Lindsey said: "It is wonderful to finally have the keys to Liskeard Library and be able to crack on with what is quite a significant renovation project to bring this fantastic building back up to scratch and able to fulfil its potential as a contemporary library, cultural hub and co-working space.

"While it has taken longer than any of us hoped to get to this point, lots of planning and design has been happening behind the scenes and we



are all working hard to get practical activity on site as soon as is possible given the current challenges of Covid.

"Many thanks to Cornwall Council, Liskeard Town Council, the design team and everyone who has worked tirelessly to get to this point – it is lovely to have reached the beginning of the next chapter in Liskeard Library's long history."

Library services can currently be accessed at Luxstowe House.

To find out more about the renovation visit <https://realideas.org/our-spaces/liskeard-library/>

Real Ideas has moved from 26 Fore Street to a new base around the corner at 2 Pike Street, a space owned by the Duesday group where it's possible to provide support in person for individuals and small groups in a Covid-safe way when lockdown restrictions are eased



Helping young people into work

Real Ideas is offering extra support to young people in Liskeard during the Covid-19 pandemic by acting as a Gateway organisation for the government's Kickstart Scheme, working with employers who want to give paid placement opportunities to 16-24-year-olds on Universal Credit.

The social enterprise has submitted an application to the Department for Work and Pensions (DWP) on behalf of 28 organisations in Cornwall to host 78 placements, including one business in Liskeard.

They are currently looking for more businesses in and around the town that would like to be involved. To find out more visit <https://realideas.org/2020/10/01/kickstart-why-real-ideas/>

Face to face work with young people who are unemployed did

restart at Real Idea's new location in Liskeard, including the established Gamechanger programme and delivery of the DWP's Youth Hub provision, in partnership with Cornwall Job Centre, and will begin again when allowed.

It offers a programme to help young people build skills and harness their passions to imagine a range of working futures. It is specifically exploring careers and entrepreneurial activity in three areas: Creative, Food and Hospitality and Digital Natives – which looks at harnessing digital skills for business purposes.

If you or a young person you know is interested in getting involved in a Real Ideas programme then speak to your job coach and ask to be referred. More information is also available at <https://realideas.org/get-support/support-for-under-25s/>

Recycle more of your waste

A lot of plastic, glass, cardboard, paper and textiles for recycling are picked up by Cornwall Council's kerbside collections, but too much waste is still going in our black refuse sacks when it could be disposed of in a more environmentally friendly way.

Recycling campaigner Ali Humphreys and the team at SHARE (South Hill Association for Renewable Energy) are setting a shining example by collecting hard to recycle items locally, working in partnership with global innovators Terracycle. The items also earn money for SHARE's chosen stillbirth charity, Kicks Count.

Baby and pet food pouches, pumps from plastic bottles, ballpoint pens roll-on deodorants and cosmetic tubes are just a tiny sample of what can be recycled. The full list is on the SHARE website, but you can start small and simple.

"It can be a bit overwhelming to begin with so choose one or two items to drop at collection points – toothbrushes and toothpaste tubes,

for example," says Ali. Her hard work has just been recognised with a Cornwall Civic Award, presented by Cornwall Council chairman Hilary Frank in Ali's garage (pictured), where she stores the recycling.

As Christmas approaches she hopes people will save their crisp and nut packets, wrappers and tubs from sweets, chocolates and biscuits, cheese packets, cracker, cake and cereal bar packets. Pringles tubes are a particular problem – last month Ali collected and sent off 225 of them for recycling. The important thing is to keep different kinds of items together, rather than mixing them all up.

Since the pandemic began, Ali has brought her trailer to the monthly local food market in Liskeard's cattle market so people can drop items off. Different shops in town were also acting as collection points. With Covid restrictions in place it's best to check the website for details – www.south-hill.co.uk/charity-recycling





SCREEN SHOT: DAVID BRAY

Liskeard's very own radio station is preparing to return to the airwaves on 87.7 FM for the eighth year running. The volunteer team have been working hard at the Liskeard Radio studio on The Parade to make sure it is Covid safe when their FM broadcasts start on November 25, running through to December 22.

"We are set up to work so everyone is socially distanced. Our desks are 3m apart. We have got soundproofing, we have put in new ventilation and made masks to go over the microphones," said team member Bryan Ugalde.

As usual, the aim is to offer festive fun, friendly voices, good news and useful information for listeners, and this year that is more important than ever.

The FM service will be an extension of the seven-day-a-week online service that has been running since April via the station's website. "We thought it would be remiss of us not to help keep

the community together through a difficult time."

Around 30 DJs of all ages and from all walks of life have been broadcasting from home – often in their pyjamas, apparently – attracting listeners from as far afield as Australia and the USA.

The fun the station volunteers had last Christmas is captured in a short documentary by ex serviceman turned journalist and filmmaker David Bray. Titled Turn the Radio On, it includes footage of their outside events, including compering the Liskeard Lights Up and their live broadcast of the carol service. It premieres on YouTube on November 24.

You can listen to Liskeard Radio online from 8am to 10pm daily at www.liskeardradio.com.

From Saturday, November 25, the station can also be found on 87.7FM – brought to you by local broadband company Wildanet.

WIN a local food hamper

We have a delicious prize in store for the winner of our Lyskerrys magazine Christmas competition.

We're giving away a hamper packed with locally-sourced produce that's guaranteed to give your tastebuds a treat for the festive season.

Just text your name and contact number to our competition hotline – 07498 045091.

The closing date is Monday, December 14; the winner will be picked at random and will receive their hamper before Christmas.



TERMS AND CONDITIONS

The Lyskerrys Christmas competition is open to over 16s only. Only one entry permitted for each phone number. Texts will be charged at your normal network rate. The image above is for illustration only – hamper contents will vary. No alternative prize will be available.



LISKEARD NEWS

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